

QUANOMED®
By Zepter Group

VITALQUANO

User Manual Therapeutic Lumbar belt

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Introduction

The therapeutic lumbar belt is designed to provide support and relief to your lower back. It's ideal for individuals who experience discomfort or pain due to prolonged sitting, standing, or physical activity.

Indication for Use

VitalQuano is primarily used to provide support and stability to the lower back. It can be beneficial for individuals experiencing:

- **Chronic lower back pain:** The belt can help alleviate pain by providing external support to the muscles and reducing strain on the spine.
- **Muscle weakness:** It can assist in supporting the back muscles, especially during activities that put strain on the lower back.
- **Post-injury recovery:** After a back injury, VitalQuano can help prevent further injury and promote healing by limiting excessive movement

Product Description

- **Material:** High-quality, breathable fabric and durable straps
- **Size:** The 110 cm length variant **QVB-110**.
The 140 cm length variant **QVB-140**.
- **Features:** Adjustable Velcro fastener for a customized fit, flexible core for optimal support, and a contoured design to follow your natural curves.

How to Use

1. **Identify the Front:** The front of the belt is typically marked or has a smoother finish.
2. **Wrap the Belt:** Wrap the belt around your lower back, ensuring it's positioned correctly.
3. **Fasten the Velcro:** adjusting it to provide the desired level of support.
4. **Check for Comfort:** Ensure the belt is comfortable and doesn't restrict movement.
5. **Adjust as Needed:** Re-adjust throughout the day if necessary.

Care and Maintenance

VitalQuano can be cleaned in a washing machine at 30°C. Close the belt with Velcro before washing. Please do not use aggressive detergent. To avoid deterioration of the belt, do not iron it.

- Air dry the belt to avoid damage.
- Do not bleach or iron the belt.
- Store the belt in a cool, dry place.

Troubleshooting

- VitalQuano **feels too tight:** Loosen the straps.
- VitalQuano **feels too loose:** Tighten the Velcro.
- VitalQuano is **uncomfortable:** Ensure the belt is positioned correctly and adjust the straps as needed.

Warranty Information

We offer a Warranty period of 2 years for VitalQuano.

Regulatory Compliance

This product is classified as a Class 1 medical device and complies with the European standards in force.

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